

BIP Worksheet

For Behaviors that you Want Reduced

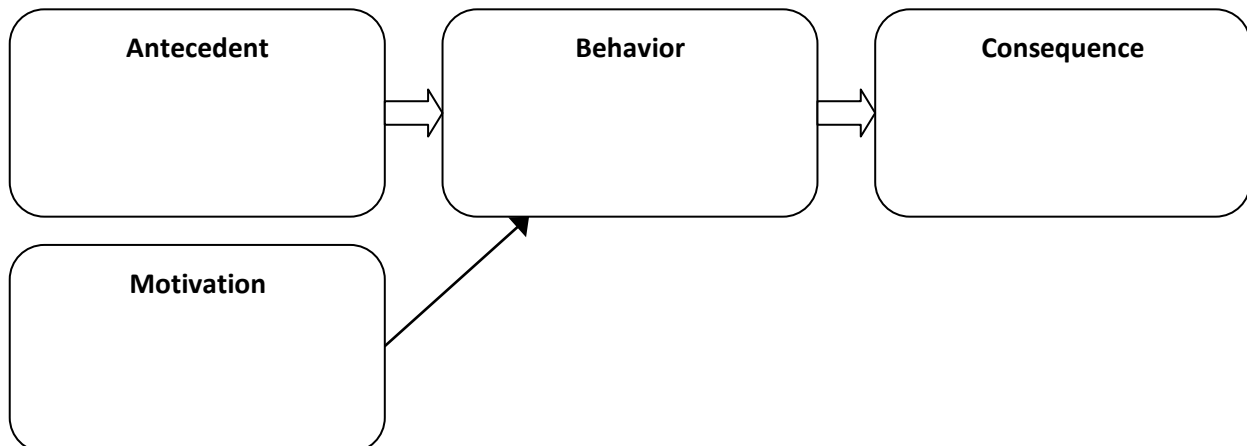
Purpose

The purpose of this worksheet is to help you systematically select foundational techniques for **reducing** a target behavior.

Analysis of Behavior

Please complete the following diagram with the components of behavior from your FBA hypothesis

- The **behavior** should a description of the behavior that you would like to reduce
- The **antecedent** should be a description of the setting and conditions under which the behavior typically occurs
- The **consequence** should be a description of the reinforcer that is maintaining the behavior
 - o *attention, escape/avoidance, access to a tangible, sensory stimulation*
- The **motivation** should be the conditions which make the consequence reinforcing
 - o *e.g. For escape of work demands – “No break from work has been given for 30 min” OR for attention – “All peer attention has been primarily directed at the teacher for more than 5 minute”, etc.*



Determination of Techniques

For each of the components of behavior above, decide upon whether you will use the following

- For the behavior, will you **block it**?
- For the antecedent, will you **prevent the opportunity** from occurring?
- For the consequence, will you **“extinguish” the behavior** by preventing it from being delivered?
- For the motivation, will you try to change the environment to **reduce the need for the consequence**?

Additionally, will you consider using the following?

- Time out** – *loss of access to a reinforcing environment or tangible item*
- Response Cost** – *loss of a privilege*